

# Adnà

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Mike, here is your  
Ancestry Report

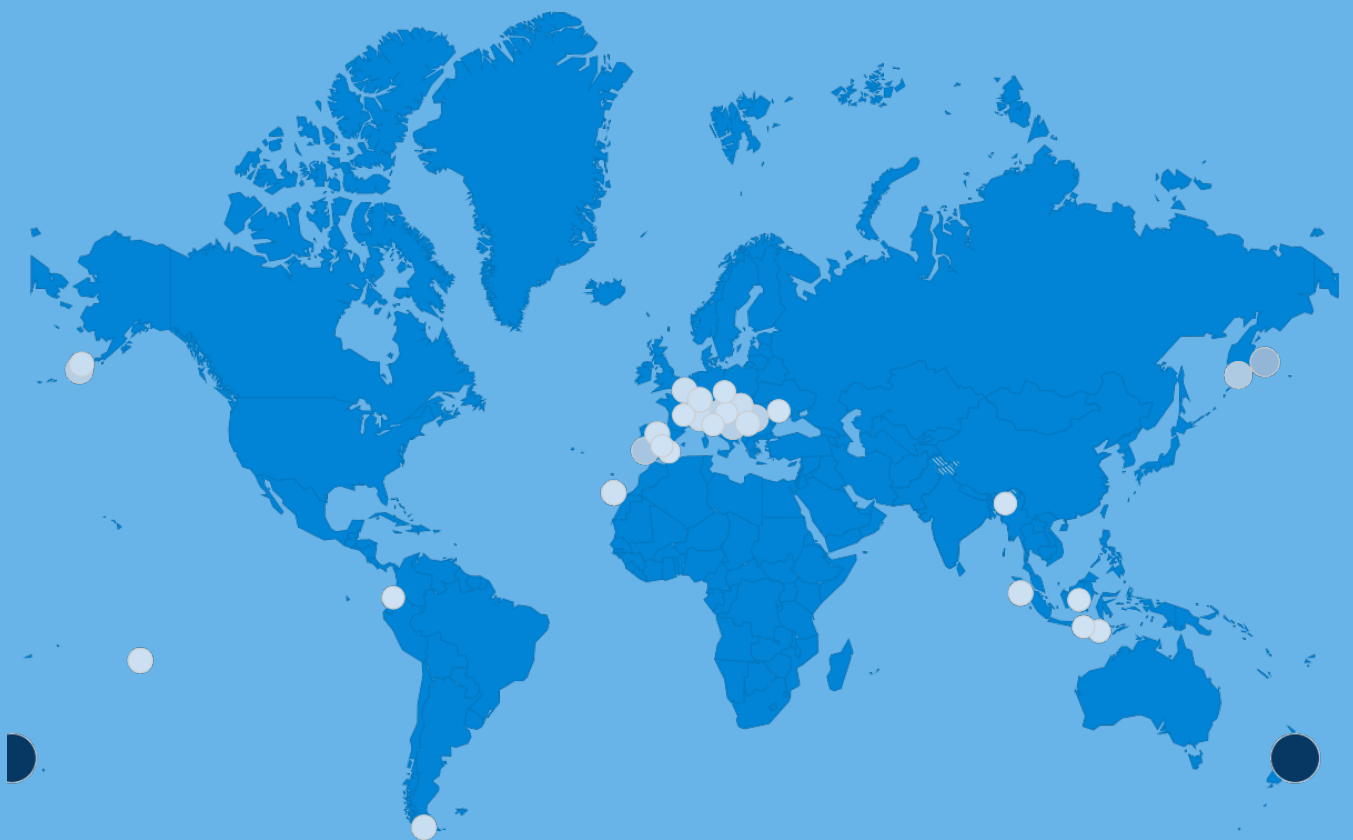


Your DNA  
has answers

# GEOGRAPHICAL

## What is geographic ancestry?

The 24Genetics Geographic Ancestry analysis is designed to reveal the geographic origin of your ancestors in a contemporary framework. With this test, you will have the opportunity to explore the global regions with which your DNA has affinity, providing a detailed view of the areas linked to your ancestral lineage. The evaluation is carried out using autosomal DNA, which encapsulates a synthesis of the genetic information that you have inherited from both your father and your mother, reflecting the genetic legacy of previous generations. At 24Genetics, our focus is on an average of 800 years ago, deliberately excluding the last 250 years to ensure the accuracy and robustness of the results, avoiding periods that are too recent and may lack scientific robustness.



## GEOGRAPHICAL

# Countries in Asia

Indonesia

4,39 %

India

1,01 %



## GEOGRAPHICAL

# Countries in Russia

Russian Federation

15,20 %



# HISTORICAL

## **Mongolian Medieval 1000-1300AD Mongolia**

From 1000 to 1300 AD, Mongolia entered a prominent medieval era. Imagine your ancestor, riding with the armies of Genghis Khan or establishing trade caravans. It was a time of expansion and unification. An ancestor of yours might have been a learned scholar or a valiant military leader.

## **Xiongnu culture in Mongolia 1000-1300AD Mongolia**

From 1000 to 1300 AD, the Xiongnu culture in Mongolia thrived, establishing a vast empire that came to challenge the very Han Dynasty of China. These horse-riding nomads dominated the steppes of Mongolia and set up expansive trade networks. Their art, especially in metallurgy, was advanced, and they left behind a rich legacy in the form of tombs, monuments, and artifacts. The story of the Xiongnu is one of conquest, trade, and a resilient adaptability to the harsh conditions of the steppes.

## **Al-Andalus 1000-1300AD Spain**

During the period between 1000 and 1300 AD, Al-Andalus flourished under Muslim rule in what is now Spain. This era was characterized by a cultural and scientific renaissance, where Christians, Jews and Muslims coexisted. Cities like Cordoba and Granada were centers of learning. Imagine walking through their cobblestone streets, encountering mosques, synagogues and churches. An ancestor might have been a celebrated Andalusian physician, writing medical treatises that would be studied for centuries.

# NEANDERTHAL

## Neanderthal percentage

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For thousands of years, Neanderthals and modern humans lived side by side, particularly in regions of Europe and Asia. This extended coexistence, spanning from roughly 400,000 to 40,000 years ago, provided ample opportunities for them to interact and share their genetic material. Since the Neanderthal genome was first mapped in 2010, numerous studies have shed light on this shared genetic history. Now, we have the capability to pinpoint exactly how much Neanderthal DNA is present in your genes. With our test, you can delve into your own unique genetic connection to Neanderthals and gain insight into the depth of the relationship your ancestors had with them in those ancient times and places.



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